

Presenters: Jessica J. Brooks & Ezemenari M. Obasi

Title: Alcohol Consumption as a Mechanism toward Modulating Negative Cognitive Emotions

Abstract: No research to date has sought to understand the conjoint influence of cognition and affect on alcohol consumption despite both being identified as predictive risk factors of problem drinking. This study tested three mediational models based on these influences to characterize the development of problem drinking in a college sample.

Presenters: Jaime L. Richards & Ezemenari M. Obasi, Ph.D.

Title: The cost of drinking alcohol to quiet psychological storms experienced by African American university students.

Abstract: African Americans report fewer rates of drinking (60.2 vs. 76.8%), bingeing (19.1% vs. 24.1%), and heavy alcohol use (4.6% vs. 7.8%) than European Americans (SAMHSA, 2007). Despite these findings, African Americans are overrepresented in comparison to whites in negative alcohol use consequences (Wade, 1994). The aim of the present study is to investigate problem alcohol consumption as a potential mediator between psychological distress and negative alcohol use consequences.

Presenter: Benjamin D. H. Snyder, MS

Title: Can Parents Help the Change Process: Comparing Parental Attitude Scales to Readiness to Change Profiles.

Abstract: Research to determine factors contributing to the development of conduct problems in children remains vital due to the diagnostic frequency of Conduct Disorder and Oppositional Defiant Disorder. This research is intended to highlight the role parental attitudes have upon the child's readiness to change.

Presenter: Rashada Walker, M.Ed.

Title: Can We Terminate Premature Termination? A Look into Possible Factors in University-Based Counseling Training Clinics.

Abstract: Both premature termination and client transfer are common occurrences in university-based counseling training clinics. Limited empirical studies investigate client transfer as a predictor of client dropout. This study addresses the extant literature in this area while focusing on client readiness to change as a possible moderator effect following transfer.

Presenter: Dara Williams

Title: The Impact of Parental Attitudes on Juvenile Offender Recidivism Rates.

Abstract: The ability to assess the needs and attitudes of parents of juveniles involved with the justice system is limited. The purpose of this study is to explore the relationship between parental attitudes and recidivism rates of delinquent youth.

Presenters: A. Michael Zimmermann, Jean L. Hill, Ph.D., & Ian Williamson, Ph.D.,

Title: Humor as a Source of Self-Regulatory Strength Replenishment.

Abstract: This project expanded upon past research by attempting to replenish self-regulatory strength (SRS) after depletion. Participants engaged in an intervention to deplete SRS. Participants in the experimental condition were given humorous cartoons to replenish SRS. Results show significant differences among the conditions, generally supporting the SRS hypothesis.